

## Valentina Vardanyan

**Country:** Armenia

**Contact e-mail:** valentina.vardanyan@gmail.com

**Year of birth:** 23.11.1980

### **Mains diplomas:**

MD: 2003

Rheumatologist: 2006

PhD: 2012, PhD thesis "Investigation of factors associated with efficacy and occurrence of adverse events of methotrexate in rheumatoid arthritis and seronegative spondyloarthropathies"

**Current position and hospital/university:** Associate Professor, Head of Education Part, Department Therapy N 1, Yerevan State Medical University. Attending Rheumatologist at Department of Therapy, University Hospital Complex "Murtsan".

### **International experience:**

#### **2006**

OMI-OSI Salzburg medical seminar on Palliative care in geriatrics, Salzburg, Austria, 12-18/XI

16th European Meeting on Hypertension, Madrid, Spain, 12-15/VI

#### **2010**

EULAR 2010 Annual European Congress of Rheumatology, Rome, Italy 16-19/VI

#### **2011**

EULAR Fifth EULAR course on systemic lupus erythematosus, Pisa, Italy 4-9/IX

#### **2013**

14th EULAR Postgraduate Course on Rheumatic Diseases, Prague, Czech Republic 18-21/XI

EULAR 2013 Annual European Congress of Rheumatology, Madrid, Spain 12-15/VI

#### **2014**

EULAR 2014 Annual European Congress of Rheumatology, Paris, France 11-14/VI

ROVAG-2014, Trabzon, Turkey, 13-16/III

#### **2015**

The EUSTAR educational course on systemic sclerosis, Katowice, Poland 26/II-01/III.2015

EULAR Epidemiology Course 2015, Berlin, Germany 3-4/VII.2015

COHERUS & WCT Investigator Meeting, Prague, Czech republic IX.2015

#### **2016**

EULAR 2016 Annual European Congress of Rheumatology, 7-11/VI.London, UK

OMI Observership on Rheumatology, Salzburg, Austria, 4-29.IV.2016

36th Scandinavian Congress of Rheumatology, 31.VIII-03.IX.2016, Reykjavik, Iceland

**Role as EMEUNET working group member:** Member of EMEUNET Country Liaison subgroup.

**Areas of Research/Interest:** Rheumatoid arthritis, Psoriatic arthritis, Vasculitis, SLE

**Keywords:**

**Publications:**

1. **Vardanyan VS**, Chobanyan KR, Beglaryan AA. Multiple enchondromatosis: a case report. *Proceedings of 3<sup>rd</sup> International Young Medics Conference*. Yerevan, Armenia, 19-21 September, 2005, p. 192-193
2. Boroyan RG, Mirzoyan NR, Sahakyan YA, Loryan IG, **Vardanyan VS**, Chobanyan KR. "Clinical pharmacology" *handout for foreign students*, Yerevan, Armenia, 2005
3. **Vardanyan VS**, Chobanyan KR, Sakakyan EA, Hakobyan ZN, Zelveyan PA. Approaches to medical care rendering in patients with arterial hypertension coupled with diabetes mellitus in health care institutions of Yerevan. *Materials of V International Congress of Armenian Cardiologists*. Yerevan, Armenia, 29 September -1 October, 2005, p. 155-156
4. Sahakyan EA, **Vardanyan VS**, Chobanyan KR, Hakobyan ZN, Zelveyan PA. Evaluation of quality of diagnostic process in patients with arterial hypertension in Yerevan clinics. *Fifteenth European Meeting on Hypertension*. Milan, Italy, 17-21 June, 2005, abstract book, p.3.144. **(in English)**
5. **Vardanyan VS**, Chobanyan KR. "Osteoarthritis - Evidence Based Medicine Guidelines", *handout for doctors, publication grant of "Aid Armenia" Fund*, Yerevan, Armenia 2005
6. **Vardanyan VS**, Chobanyan KR, Sahakyan EA, Hakobyan ZN, Harutyunyan HKh, Zelveyan PA. Principles of medical care in patients with coexistense of arterial hypertension, diabetes mellitus and coronary heart disease in health care institutions of Yerevan. *Sixteenth European Meeting on Hypertension*. Madrid, Spain, 12-15 June, 2006, abstract book, p.11.136. **(in English)**
7. Chobanyan KR, **Vardanyan VS**, Sahakyan EA, Hakobyan ZN, Harutyunyan HKh, Zelveyan PA. Management of arterial hypertension in elderly in Yerevan clinics. *Sixteenth European Meeting on Hypertension*. Madrid, Spain, 12-15 June, 2006, abstract book, p.11.134. **(in English)**
8. **Vardanyan VS**, Bayramyan TL, Gemilyan MB, Ayvazyan AA. Evaluation of factors associated with toxicity o low-dose methotrexate. *Materials of VII International Congress of Armenian Cardiologists*. Yerevan, Armenia, 20 – 23 May, 2009, p. 111-119.
9. **Vardanyan VS**, Ayvazyan AA, Beglaryan AA, Bayramyan TL. The use of methotrexate in rheumatology: factors associated with toxicity. *Medicinsky Vestnik Ereboundi*, 2009, N 2(38), p.16-27.
10. **V. Vardanyan**, A. Ayvazyan Plasma homocysteine levels in patients with chronic inflammatory joint diseases. *Ann Rheum Dis* 2010;69(Suppl3):211 **(in English)**
11. **Vardanyan VS**. The study of prevalence of cardiovascular diseases in patients with different forms of arthritis and its association with plasma homocysteine levels. *Medical Science of Armenia*.2011, t. LI, N1, p.108-116
12. **Vardanyan VS**, Beglaryan AA, Ayvazyan AA. The study of association of cardiovascular morbidity with plasma homocysteine levels in patients with chronic inflammatory joint diseases. *Annals of Rheumatic Diseases* 2011;70 (Suppl3):720 **(in English)**
13. Sahakyan YA, **Vardanyan VS**, Beglaryan AA, Bayramyan TL. The study of association of hyperhomocysteinemia with disease activity in patients with rheumatoid arthritis. *Annals of Rheumatic Diseases* 2011;70(Suppl3):716 **(in English)**

14. **Vardanyan VS.** Investigation of factors-predictors of efficacy and toxicity of methotrexate in rheumatoid arthritis and seronegative spondyloarthropathies. *edicinsky Vestnik Erebouni*, 2011, 2(46), p.111-113
15. **V. Vardanyan**, A. Ayvazyan, A. Beglaryan, T. Bayramyan, A. Simonyan. The investigation of factors associated with efficacy of methotrexate in rheumatoid arthritis and seronegative spondyloarthropathies. *Ann Rheum Dis* 2012;71(suppl3):673 **(in English)**
16. **V.S. Vardanyan.** Assessment of severe extra-articular manifestations of rheumatoid arthritis. *Issues of theoretical and clinical medicine* 2013, N 2(73), p.34-36
17. **V.S. Vardanyan** The role of hyperuricemia as a risk factor of cardiovascular diseases. *Medicine, science and education* 2013, N14, p.51-57.
18. A.Kh.Simonyan, Al.A. Ayvazyan, **V.S.Vardanyan**, L.V.Kozlovskaya, V.V.Rameev. Amyloidosis probability depending on MEFV type. *Pediatric Rheumatology* 2013, 11(Suppl 1):A90 **(in English)**
19. **V.S. Vardanyan** Arterial hypertension in patients with different arthritides and its association with plasma homocysteine levels. *Journal of Hypertension* 2013, 31 (e-Suppl.A): 503-504 **(in English)**
20. G.Hakobyan, **V.Vardanyan.** Safety of hydroxychloroquine in pregnant women with systemic lupus erythematosus and rheumatoid arthritis. *Ann Rheum Dis* 2013;72 (Suppl3):901 (in English)
21. **V. Vardanyan**, K. Ginosyan, A. Simonyan, G. Matsakyan. Efficacy of strontium ranelate in the treatment of glucocorticoid-induced osteoporosis. *Ann Rheum Dis* 2014;73(Suppl2) **(in English)**
22. K. Ginosyan, **V. Vardanyan**, A. Beglaryan, A. Ayvazyan. Systemic lupus erythematosus with coexisting familial mediterranean fever. *Ann Rheum Dis* 2014;73(Suppl2) **(in English)**
23. K. Ginosyan, **V. Vardanyan.** New classification criteria of rheumatoid arthritis. *Issues in theoretical and clinikal medicine. 2015, 4 (100): 41-43*
24. **V. Vardanyan**, K. Ginosyan. Up-to-date issues of etiology and pathogenesis of ANCA-vasculitides. *Issues in theoretical and clinikal medicine. 2015, 4 (100): 56-59*

**Date of last update of the CV: 19.10.2016**